



**Level I Curriculum for Ages 10-12  
Young Ladies Passionate for Christ**



**Spring Semester 2007  
Lesson # 15**

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**Beforehand**

Preparation prior to the lesson:

1. Pray for the girls to have open hearts for the Lord's Word, Godly interaction, and blessed discourse. Pray also for the Group Leaders to receive God's wisdom and direction every step of the way.
2. Collect the items you need from the Group Leader kit.
3. Read through this lesson, and briefly review the Recap from the last lesson.

**Materials**

What you need that is provided in this kit:

1. The six posters on dress labeled Lesson #15, posters 1-6
2. Group Leader notepad
3. Worship lyric sheets for Lesson #15 from the Group Leader Binder

What you may want that is not provided in this kit:

1. A CD player to play the worship music if you wish to use the music CD for musical accompaniment.
2. Masking tape to hang up the posters

**The Lesson**

**World's view = Dress cool to be popular**

v.

**Biblical Truth = ...women [are] to dress modestly, with decency...[not with] expensive clothes, but with good deeds, appropriate for women who profess to worship God." 1 Timothy 2:9-10**

**Lesson Theme:**

A Godly young woman should be rich in good deeds. Her dress and her actions should reflect the genuineness of her heart for God.

**A. Opening Activities:**

Time: 30 minutes

1. Open in prayer – lead the girls in prayer, take prayer requests, then pray for those needs.
2. Worship the Lord – hand out the lyric sheets and praise Him!
3. Recap from last week – read aloud the "Recap" from Lesson #14.
4. Ask the girls to present the results of their assignment from last week.

**B. Lesson Activity:**

Total Time: 60 minutes

**Part I: Identification Activity**

1. Ask the girls to name some female Hollywood stars and think about how they dress. Think about women they have seen on the cover of magazines at checkout stands. What are some of the common characteristics of their dress? What is the image they are trying to portray?
2. Encourage the girls to be as specific as possible about their dress, listing the things that the girls identify on your notepad. Ask the girls to identify specifics about the length of their dress, the tight way their clothes fit, the way their pants sit on their waist.
3. Now look at the girls shown in posters #1, 2 and 3. Are there any similarities?
4. Using the posters, have the girls list those things in their dress that are similar to the characteristics they identified in the dress of Hollywood stars. Consider aspects of their clothing that may be alluring. Do they resemble styles that are common in Hollywood?
5. Compare the list of typical Hollywood dress characteristics to the characteristics of the dress of the girls in the posters.
6. Use the Answer Key to Lesson #15 to see if the girls, with your help, can identify all the alluring aspects of the dress of the girls in posters 1-3.

**Part II: Exploring Biblical Guidance**

1. What is the point of being alluring? Are we trying to be attractive in a physical way to boys and men? Are we trying to look sexy?
2. Will that kind of dress encourage men to look at different parts of our bodies? Consider low-rider pants revealing our midsections, bare shoulders, low-cut blouses, tight tops and bottoms, and short shorts, skirts, and dresses. What are we revealing? What parts of our bodies are we drawing attention to?
3. What might men think of when they see such things?
4. Have the girls look up Matthew 5:28 in their Bibles and ask one of them to read the verse aloud:
 

But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.
5. Explain to the girls that how we dress can cause a man to sin, by causing him to look at a woman lustfully.
6. If we cause a man to sin by the way we dress, have we, ourselves, sinned?
7. Have the girls locate in their Bibles Matthew 18:6. Then have one of the girls read it aloud:
 

But if anyone causes one of these little ones who believe in me to sin, it would be better for him to have a large millstone hung around his neck and to be drowned in the depths of the sea.

Explain to the girls that in this context, “little ones” means everyone who has accepted Jesus as their Lord and Savior – adults and children included - for we are all God’s children. So, we ourselves sin, if we lead others to sin.

### **Part III: Identification Activity – Part Two**

1. Instruct the girls to look at the posters labeled #4, 5 and 6.
2. Ask the girls to identify the ways the girls in these posters have fixed those aspects of their clothing that were alluring. Make a new list with the things these girls got right about the new ways they are dressed.
3. Ask the girls if they think that the new way the girls look is appealing? Do they look good? Are their outfits “cute”?
4. So, can we conclude that you can be “cute” without having to be alluring? Are there key things you can do with your dress to look nice without falling into the trap that can cause others to sin?
5. Draw attention to the nice ways they have dressed with color and style. Don't they still look fashionable?
6. So, it is very possible to dress fashionably and look nice without compromising yourself or anyone else.
7. What are some things we need to do when we shop and dress to fix these fashion mistakes? One of the best ways is to always look for what may be alluring in your dress, considering a man's perspective. Think about what body parts you are drawing attention to. Do not buy or wear clothes that are alluring. Remember not to sin by causing others to sin.

### **Part IV: Exploring Biblical Guidance – Part Two**

1. Read aloud from 1 Timothy 2:9-10:

I also want women to dress modestly, with decency and propriety, not with braided hair or gold or pearls or expensive clothes, but with good deeds, appropriate for women who profess to worship God.
2. Ask the girls to discuss what kind of message their dress sends to others. Will others think they are young women of God if they dress alluringly?

Dressing right is important, because it sends a message to those who see you. It is the first, and maybe the only, impression others may have of you. We need to make sure that the impression we give honors God. It is important to dress right starting now, when we are young, and not to wait until we are teenagers or adults.
3. In addition, this Bible verse tells us that we must be sure that the way we act is Godly. What are examples of good deeds?
4. Read aloud 1 Tim 6:17-19:

Command those who are rich in this present world not to be arrogant nor to put their hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment. Command them to do good, to be rich in good deeds, and to be generous and willing to share. In this way they will lay up treasure for themselves as a firm foundation for the coming age, so that they may take hold of the life that is truly life.

5. Do we have much? What are we commanded to do? Doing good deeds by being generous and willing to share, provides evidence of our faith to others. These are the things that others see and they recognize them as good deeds that are appropriate for women who profess to worship God.
6. We also lay up treasure for ourselves in heaven by our good deeds. Jesus says in Matthew 25:34-40:

"Then the King will say to those on his right, 'Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.' "Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?' "The King will reply, 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.'

### C. Closing:

1. Ask the girls to state some of the things that they learned today in their own words. Help them along and make sure they have understood the main points.
2. Give the girls their **assignment for the week:**  
Ask the girls to go home and look up a Bible verse on doing good for others and bring it with them the following week. They can search either on a computer or using the Bible index at the back of their Bibles as they were taught in lesson #4.
3. Close in prayer.

### Recap

To be reviewed by the Group Leader prior to and in preparation for next week's lesson:

1. The world's view is "Dress cool to be popular," but the Truth from God's Word is that "...women [are] to dress modestly, with decency...[not with] expensive clothes, but with good deeds, appropriate for women who profess to worship God." 1 Timothy 2:9-10
2. When we dress alluringly, we can cause men to sin by looking at us lustfully. We ourselves sin when we cause others to sin.
3. As young women of God, we should dress in a way that glorifies God, not alluringly. Instead, our dress and our actions should clearly show others that we are young women of God.
4. By doing good deeds we glorify God's name.

**Their assignment for the week is to:**

Ask the girls to find a Bible verse about doing good for others and bring it with them the following week. They can search either on a computer or using the Bible index at the back of their Bibles as they were taught in lesson #4.

*Note: All Scripture verses are quoted from the New International Version.*