

Life Song *International*

**Level I Curriculum for Ages 10-12
Young Ladies Passionate for Christ**



**Spring Semester 2007
Lesson # 22**

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Beforehand

Preparation prior to the lesson:

1. Pray for the girls to have open hearts for the Lord's Word, Godly interaction, and blessed discourse. Pray also for the Group Leaders to receive God's wisdom and direction every step of the way.
2. Collect the items you need from the Group Leader kit.
3. Read through this lesson, and briefly review the Recap from the last lesson.

Materials

What you need that is provided in the Group Leader kit:

1. Food color dye
2. Group Leader notepad
3. The Lyrics to Compare sheet from the Group Leader Binder
2. Worship lyric sheets for Lesson #22 from the Group Leader Binder

What you will need that is not in the Group Leader kit:

1. A glass of water (in a clear, uncolored, and untextured glass)

What you may want that is not provided in this kit:

1. A CD player to play the worship music if you wish to use the music CD for musical accompaniment.

The Lesson

World's view = To fit in, be up on the latest movies and music.

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Biblical Truth = Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Romans12:2

Lesson Theme:

The messages of the world's music, movies, books, magazines, and television shows contradict God's truth. Consuming them pollutes your mind.

A. Opening Activities:

Time: 30 minutes

1. Open in prayer – lead the girls in prayer, take prayer requests, then pray for those needs.
2. Worship the Lord – hand out the lyric sheets and praise Him!
3. Recap from last week – read aloud the "Recap" from Lesson #21.
4. Ask the girls to share the results of their assignment from last week.

B. Lesson Activity:

Total Time: 60 minutes

Part I: Discussion Activity

1. What was the grossest thing you ever saw in a movie?
2. Let the girls talk about things that scared them, stunned them, or shocked them in movies they have seen.
3. Do those images have sticking power? Do they stay in your mind?
4. What about lyrics to songs? Did you ever get lyrics to a song stuck in your head? What are some of the songs you have had stuck in your mind?
5. Do you think those images and words affect the way you feel about the world? Yourself?
6. What are some of the themes to popular movies?
7. Discuss the movie topics – do they contradict the Bible?
8. What are some popular songs singing about? Do they sing of sorrow, sadness, or loneliness?
9. Explain the difference between secular and Christian music, making sure they understand the terminology. Do the messages in secular music contradict God's Truth? Are they contrary to who you are in Christ?
10. Compare the lyrics to 2 songs – one secular, one Christian:
Who knows Colbie Caillat? Here are the lyrics to one of her songs – it is called Midnight Bottle from the 2007 album Coco. Read the first paragraph of the Colbie Caillat lyrics. Ask the girls if those are Biblical messages. Now compare it to the lyrics of Rebecca St. James' song "Everything I Do."
11. What is the message of "Midnight Bottle"? What is the message of "Everything I Do"?
12. If you were to get the Midnight Bottle lyrics stuck in your head, with the words replaying over and over in your mind, what will you be thinking about? What will be your frame of mind, outlook or attitude? What will be your attitude if Rebecca's lyrics are replaying in your head? What will you be thinking about?

Part II: Demonstration Activity

1. Show the girls the glass of water. What are some of the words that come to mind to describe the water? Pure? Clear?
2. What happens to the water if we add something to it? How about just one tiny drop of dye? Is the entire glass of water changed? How has it changed? What are some words to describe the water now? Impure? Tainted? Contaminated? Polluted?
3. Even though it was just one tiny drop of dye added, it ruined the whole glass of water didn't it? Is there any part of the water that is not changed?
4. When we allow bad images or lyrics into our minds, they permeate and pollute our entire minds. Many of us say, "no, listening to that music or watching that movie won't effect me, I know what I believe." But that is not so, like the glass of water, our minds become polluted. What's worse is that the impact is not easily reversible, you cannot readily get those images out.

5. Therefore, we must always guard our minds and be very careful about what we set before our eyes, what we listen to, and what messages we dwell on. If they are not God's Truth, they are going to negatively affect how we feel and act. They will give us a negative outlook on life, which contradicts what the Bible tells us which is that we have something extremely special when we know Christ as our Lord and Savior – we have inexpressible joy. Pollution removes that joy.
6. In 1 Peter 1:8-9 it says:

Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious joy, for you are receiving the goal of your faith, the salvation of your souls.
7. For this reason, we have glad hearts from knowing Jesus and do not share in the sorrow of the world.

Part III: Exploring Biblical Guidance

1. Ask one of the girls to read aloud Romans 12:2:

Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.
2. What is the pattern of this world? Listening to secular music? Watching movies and television shows that are filled with messages that contradict the Bible? What about the messages in secular books?
3. How can we not conform to the pattern of the world in what we chose to listen to and watch? What impact will that have on our minds?
4. Read aloud 2 Corinthians 7:1:

Since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.
5. Do bad lyrics and movies contaminate our minds? Who are we striving to be like in our lives? If Christ is our model, then do bad lyrics and movies make it easier or harder for us to reach our goal of perfecting holiness by mirroring Him?
6. Read aloud Ephesians 4:22-24:

You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.
7. Remember that when we accept Christ as Lord and Savior we are re-born by His Spirit. As new creations in Christ, we shed our old ways and follow His ways. So we all need to establish new habits for our lives – and dump the stuff that takes us away from Him and our commitment to follow Him.
8. Does God give us the backbone to be strong enough to say “no” to movies, television shows, magazines, books, and music that do not

glorify Him or that contradict His Word? Yes, God's Word says in Titus 2:11-14:

For the grace of God that brings salvation has appeared to all men. It teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age, while we wait for the blessed hope—the glorious appearing of our great God and Savior, Jesus Christ, who gave himself for us to redeem us from all wickedness and to purify for himself a people that are his very own, eager to do what is good.

9. How important is it to do God's will? Can we love God and still love the world? Think about what it says in 1 John 2:15:

Do not love the world or anything in the world. If anyone loves the world, the love of the Father is not in him.

10. What things really matter in life? The things of God are eternal – forever. What about the things of this world? In 1 John 2:17 it says:

The world and its desires pass away, but the man who does the will of God lives forever.

C. Closing:

1. Ask the girls to state some of the things that they learned today in their own words. Help them along and make sure they have understood the main points.
2. Give the girls their **assignment for the week**:
Ask the girls to go home and look up a Bible verse about what is bad with the world and bring it with them the following week. They can search either on a computer or using the Bible index at the back of their Bibles as they were taught in lesson #4.
3. Close in prayer.

Recap

To be reviewed by the Group Leader prior to and in preparation for next week's lesson:

1. The world's view is that to fit in you must listen to secular music and watch popular television shows and movies. The Bible tells us not to conform any longer to the pattern of this world, but be transformed by the renewing of your mind. (Romans 12:2)
2. Negative images and messages from songs, TV shows, and movies contaminate our minds and keep us from focusing our thoughts on God.
3. Since we are new creations in Christ, we must remember that with regard to your former way of life: to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness. (Ephesians 4:22-24)
4. An important part of following Christ and "putting off our old selves" involves taking a stand on what we put into our minds. We must dump secular movies, books, TV shows, and music with all their negative messages and instead choose music and literature that glorifies God, and builds us up in Him.

Their assignment for the week is to:

Ask the girls to find a Bible verse about what is bad with the world and bring it with them the following week. They can search either on a computer or using the Bible index at the back of their Bibles as they were taught in lesson #4.

Note: All Scripture verses are quoted from the New International Version.